

Section 1 Goal Setting



My Goal Statement

Write your goal statement in the box below. The picture will help you to visualize your goal. Then, tear out this page and tape it up to a place you look at often – next to your bed, on the bathroom mirror, inside your locker, etc. ▼

Be creative! This is *your* dream. You can either draw or paint a picture of your goal, or tear a picture out of a magazine and paste it into the picture box. YOU decide how you want to visualize your goal.

Read this goal aloud to yourself once in the morning and once in the evening before you go to bed. You must read it out loud. If you do this every day, you will accomplish this goal. This is called visualization. ▼

1. _____

2. _____

3. _____

Add photo of your goal. ▼

See reverse side for additional worksheet.
You can also download and print more copies at
www.LittleGreenMoneyMachine.com

